

# Trample Table Construction

(from [WholeSexLife.com](http://WholeSexLife.com))

Some dimensions of the table must vary with the dimensions of the person over whom the table is to be used:

- The distance between the risers must be wide enough to accommodate the person's hips (for me, this is a distance of 16 inches).
- The height of the risers must be sufficient to support the table just above the person's hips (for me 9.5 inches, the width of a 2x10, is just right).
- The diameter of the hole must be just large enough to accommodate the person's cock, followed one after the other by his testicles (for me, a diameter of 3.75" is good).

For the surface of the table, I used a 2-foot by 2-foot sheet of ½ inch plywood. Cut the hole in the center using a hole saw of the desired diameter.

As mentioned above, the risers are 23-inch sections of standard 2x10. They are reinforced on the outside by 23-inch sections of 2x4 to make sure that they do not collapse sideways. Everything is held together by 2-inch drywall screws. The edges of the center hole should be carefully rounded and smoothed, and the whole thing can be painted with a glossy enamel for easy cleaning.

